







The Creative Engagement Retirement Adventure Scorecard

INSTRUCTIONS: Print out this scorecard and place an X along each line between the left and right descriptions to represent your current experience. This will show you a snapshot in time to assess your readiness to begin your adventure!

EXAMPLE A		EXAMPLE B
Not aware of patterns, not aware of options		Seeing patterns of thoughts, feelings & behaviors Aware of Options Making good choices
Creating roadblocks & Sabotaging my own success		Able to get out of my own way in order to do my best work
Suppressing thoughts and feelings. Finding it difficult to talk about what is important		Freedom of Expression, Finding ways to share with ease with appropriate people
Paralyzed by mistakes. Seeing most things as black & white. Often stuck.		Creatively experimenting with an open mindset; Lifelong love of Learning
Feeling sloppy around getting things done. Viewing time as wasted. Difficulty making deadlines.		Practicing behaviors that are aligned with values and goals. Discipline is a form of devotion to a higher purpose

NEXT STEPS: Find out how to improve your experience and discuss your vision of a successful adventure! Send a message to coach@danielrmandel.com